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Cosmetic Treatment in Poland

With the help of Barbara Thurgood I visited Poland for cosmetic surgery (a face lift) some years ago. I was so delighted with the result that, when the inevitable ravages of time began to reveal themselves again more recently, I repeated the visit. Once again I am happy with the result - who wouldn't want to look ten years younger?

I chose to make this second trip, not merely because prices for treatment are so much cheaper in Poland than they are in the UK, but because I had full confidence in my surgeon, Dr Jack, and knew I would be satisfied with the outcome. Although costs for treatment are lower than they are here, the cosmetic surgery is, in my view, every bit as advanced.

Dr Jack, the consultant surgeon who did the job, is an expert in his field, being highly qualified and with many years experience. He is also extremely thorough in his pre-operative examination. He would insist on an initial consultation in London with a prospective patient before any arrangement is made for a visit to his clinic in Poland. During the consultation he would require details of her medical history, as well as discuss her particular wishes and make an assessment of her skin.

He would also insist on a series of pre-operative tests, e.g. blood, urine, ECG, to make sure that an individual's health is strong enough to withstand surgical treatment. Such tests have occasionally revealed problems such as heart disease or diabetes, problems not brought to light before.

Dr Jack would also insist on a stay at his clinic, not merely of a day or two, but of at least six days. This is to ensure that the patient gets appropriate post-operative care and that, if any complications arise, he is there, on the spot, to deal with them. This rarely happens, but he would prefer not to take any unnecessary risks.

The patient has full board during her stay. This and all other arrangements such as the return flight to Poland, transfer from airport to clinic and back again, are made by Barbara Thurgood and are included in the total price. She also arranges for a further consultation with the surgeon following the patient's return to the UK. Dr Jack takes pride in his work and likes to make sure each individual is happy with her treatment and that everything is in order.

I have every confidence in recommending cosmetic surgery in Poland with Dr Jack.



Catherine Osborn

(from London)